

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: LAQUA

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Tampieri Matteo

Coaches: Bollen Margot HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 100M BACKSTROKE MEN					Heat:4, starttime: 09:15
Heat: 4/7 Lane : 2 Athlete: BERLAMONT DAAN					Q-time: 01:00:36
PB (25m pool): 1:00.36 Leuven 11 Oct 2025					PB (50m pool): 1:02.07 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.08		1:00.36	
		30.08		30.28	
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:5, starttime: 09:15
Heat: 5/7 Lane : 8 Athlete: VAN GENECHTEN SANDER					Q-time: 00:59:59
PB (25m pool): 58.46 Sint Amandsberg 11 Nov 2023					PB (50m pool): 1:01.43 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.23		58.46	
		28.23		30.23	
					

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN					Heat:5, starttime: 09:25
Heat: 5/5 Lane : 2 Athlete: SCHOEFS ELISE					Q-time: 00:33:77
PB (25m pool): 32.45 Leuven 13 Nov 2022					PB (50m pool): 33.33 SB:
	2 5 M	5 0 M			
PB		32.45			
		32.45			
					

Coach feedback:

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Event number: 33: 200M FREESTYLE MEN							Heat:1, starttime: 09:25	
Heat: 1/5 Lane : 3 Athlete: VERMAUT ARTHUR							Q-time: 01:57:28	
PB (25m pool): 1:59.24 Sint Amandsberg 12 Nov 2023				PB (50m pool): 1:57.28 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.70		56.28		1:27.63		1:59.24
	26.70		29.58		31.35		31.61	
								

Coach feedback:

Event number: 33: 200M FREESTYLE MEN							Heat:5, starttime: 09:35	
Heat: 5/5 Lane : 3 Athlete: SPADEA TOMMASO							Q-time: 01:49:89	
PB (25m pool): 1:49.89 Gent 11 Nov 2024				PB (50m pool): 1:54.24 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		25.37		52.58		1:20.98		1:49.89
	25.37		27.21		28.40		28.91	
								

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN										Heat:1, starttime: 09:50	
Heat: 1/6 Lane : 3 Athlete: VAN HOOFF DAAN										Q-time: 00:26:77	
PB (25m pool): 26.77 Leuven 12 Oct 2025										PB (50m pool): 27.07 SB:	
PB	2 5 M		5 0 M								
			26.77								
			26.77								
											

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN							Heat:2, starttime: 09:50	
Heat: 2/6 Lane : 3 Athlete: VAN DROOGENBROECK NIELS						Q-time: 00:26:36		
PB (25m pool): 25.91 Leuven 26 Nov 2023				PB (50m pool): 26.45 SB:				
	2 5 M		5 0 M					
PB			25.91					
	25.91							
								

Coach feedback:

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Event number: 38: 100M FREESTYLE WOMEN					Heat:4, starttime: 10:25
Heat: 4/8 Lane : 5 Athlete: ADELMANN CLARA CENXI					Q-time: 00:58:83
PB (25m pool): 58.83 Gent 10 Nov 2024					PB (50m pool): 59.34 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.60		58.83	
	28.60		30.23		
					

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN					Heat:8, starttime: 10:30
Heat: 8/8 Lane : 5 Athlete: VANDERLINDEN SIRI					Q-time: 00:56:15
PB (25m pool): 56.15 Leuven 24 Nov 2024					PB (50m pool): 57.10 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.30		56.15	
	27.30		28.85		
					

Coach feedback:

Event number: 39: 100M MEDLEY MEN					Heat:4, starttime: 10:40
Heat: 4/9 Lane : 4 Athlete: VAN HOOFF DAAN					Q-time: 01:01:14
PB (25m pool): 1:01.14 Leuven 22 Dec 2024					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.96		1:01.14	
	28.96		32.18		
					

Coach feedback:

Event number: 39: 100M MEDLEY MEN					Heat:5, starttime: 10:40
Heat: 5/9 Lane : 7 Athlete: VAN GENECHTEN SANDER					Q-time: 01:01:06
PB (25m pool): 1:01.06 Leuven 22 Dec 2024					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.05		1:01.06	
	28.05		33.01		
					

Coach feedback:

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Event number: 39: 100M MEDLEY MEN					Heat:7, starttime: 10:45
Heat: 7/9 Lane : 3 Athlete: VERMAUT ARTHUR				Q-time: 00:57:94	
PB (25m pool): 57.94 Braine l'Alleud 20 Apr 2025 PB (50m pool): No time SB:					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.34		57.94	
	27.34		30.60		
					

Coach feedback: